



30 DAY Ramadan Challenge

DAY 1 Set your Intentions & Journal	DAY 2 Read the Quran	DAY 3 Memorise a short surah of choice	DAY 4 Clean your environment	DAY 5 Reflect on your Blessings
DAY 6 Focus on Dua for someone you care for	DAY 7 Read the Quran	DAY 8 Perform Extra Prayers	DAY 9 Donate to Charity	DAY 10 Listen to Islamic Lectures
DAY 11 Check-in on family/friends	DAY 12 Read the Quran	DAY 13 Reflect on the Importance of Zakat	DAY 14 Help someone break their fast	DAY 15 Reflect on first half of Ramadan & Journal
DAY 16 Perform a Good Deed in Secret	DAY 17 Read the Quran	DAY 18 Make a Personal Dua List	DAY 19 Learn Something New About Islam	DAY 20 Share a Reminder
DAY 21 Learn about Laylat ul-Qadr	DAY 22 Read the Quran	DAY 23 Make a Positive Change	DAY 24 Practice Patience in Difficult Situations	DAY 25 Donate to Charity
DAY 26 Make Dua for the Ummah	DAY 27 Read the Quran	DAY 28 Share an Iftar Meal	DAY 29 Increase Your Dhikr & Journal	DAY 30 Donate Zakat al-Fitr & plan where you will attend Eid salah

Tips for the 30-Day Ramadan Challenge:

- Track your progress: Keep a journal of your actions & goals and reflections to see how you've grown spiritually over the month
- Make it a habit: Incorporate these actions into your daily life, even after Ramadan ends
- Involve others: Share the challenge with family and friends to spread the blessings and support each other





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DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
DAY 6	DAY 7	DAY 8	DAY 9	DAY 10
DAY 11	DAY 12	DAY 13	DAY 14	DAY 15
DAY 16	DAY 17	DAY 18	DAY 19	DAY 20
DAY 21	DAY 22	DAY 23	DAY 24	DAY 25
DAY 26	DAY 27	DAY 28	DAY 29	DAY 30

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